

# MENS TEAM



## Season Overview

Congratulations to all Momentum Gymnastics athletes entering the 2024-2025 season and the best of luck to you. We are looking forward to a fantastic season, representing a fantastic gym. The following packet contains the information needed for participation in the upcoming season. This information will help ensure an organized and successful competitive year. Please read ALL parts of this packet to avoid any confusion.

**Competition Schedule** – This page contains information about each meet the teams will be attending. As more information becomes available, you will be updated on dates, locations, session times, etc. The competition schedule is tentative as many organizations are still trying to set their meet schedules. All schedules are available on the website calendar when they are published.

**Season Payment Breakdown** – This page contains a financial breakdown of the competitive season. The breakdown for each uniform piece is due, July 14. The fees listed cover all uniforms, meet entries (except qualifying meets), Momentum summer camp, coaches' fees, coaches' travel, etc. up to the National Championships. Fee due dates will be set upon qualification. Region entry fees for all qualified athletes will be due at State Championships. All athletes qualifying for Region Championships are expected to attend. Payments consist of 6 or 7 installments spreading the cost of the season from June to December. These fees are in addition to tuition. There will be an 8<sup>th</sup> payment due with volunteer hours. There will be Momentum hosted meets and in-house opportunities to work off these volunteer hours by the parents. ALL ATHLETES will be assigned to work at one meet during the season, not included in the volunteer hours.

**Uniforms** – All teams will be fitted by general manager, Emily Schoenwald or team coach. Apparel will include comp leotard, warm-ups, shirt and team bag.

**USAG Membership** – All athletes are required to have a USAG membership to compete. You may update your current membership or create a new one at [usagym.org](http://usagym.org). We will send out reminder emails from their site. Please have this completed by July 28th. We are unable to register for meets until it's completed.

**Momentum Team Summer Camp** – Our Team Summer Camp is a unique experience of being on the Momentum Gymnastics team. Held in our very own facility, our camp has high-level coaches with Olympic and College experience, new inspirations, hours of gymnastics, food truck lunches, and other fun camp activities. There are 2 sessions for camp, July 15-17 and 18-20. The session of camp is already included in fees for Levels 4-10. All athletes who competed level 9 or 10 in the 2023-2024 season may attend both sessions at no additional charge. Camp is optional for Level 3; these gymnasts can secure their spot at camp by registering and making the camp payment by June 14th.

**Team Handbook** – The team handbook is the philosophies and policies incorporated within the gym and sets the culture of the program. This must be read, understood and signed. Please reach out to the athletes coach with questions regarding this handbook.

**Agreement Form** – The agreement form must be completed and signed by June 30<sup>th</sup>. You may return to the office or general manager, Emily Schoenwald, to [emily@momentumwx.co](mailto:emily@momentumwx.co). To keep costs for the team as low as possible, all activities on the schedule are mandatory. If for some reason a gymnast must cancel a meet due to a conflict or injury, the athlete is STILL REQUIRED TO PAY ALL TEAM FEES so as to keep all cost consistent throughout the season. ALL TEAM FEES PAID ARE NON-REFUNDABLE.

## Men's Team Competition Schedule 2024-2025

Month	Competition	Location	Levels
<b>January</b>			
4th	Momentum WX Invitational	Momentum WX	ALL
10 <sup>th</sup> -13 <sup>th</sup>	Windy City Invitational	Chicago, IL	6-10 (no 7)
24 <sup>th</sup> -26 <sup>th</sup>	Stanford Open	Stanford University	5-10
<b>February</b>			
1 <sup>st</sup>	Momentum AF Invitational	Momentum AF	ALL
15 <sup>th</sup>	Iron Cross Invitational	Layton, UT	3-5/7
20 <sup>th</sup> -23 <sup>rd</sup>	Valeri Luikin Invitational	Frisco, TX	6-10 (no 7)
28 <sup>th</sup> – 1 <sup>st</sup>	Yellowstone Challenge	Rexburg, ID	4/5/7
<b>March</b>			
	State Championships	Momentum AF	ALL
<b>April</b>			
	Region Championships	Ontario, CA	4-10 Qualify
TBD	Western Championships	TBD	8/9 JO Qualify
<b>May</b>			
	National Championships		8-9 JE/10 Qualify



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# Men's Team Fees Breakdown 2024-2025

## Level 3



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### Hours and Tuition

level 3	6 hours	\$295.00
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### Uniform Fee

	Admin Fee	\$50.00
	Competition Leo	\$99.00
	Team Shirt	\$25.00
	Shorts	\$49.00
	Stirrups	\$65.00
	Warm Up Jacket	\$89.00
	Warm Up Pants	\$59.00
	Team Bag	\$40.00
	<b>TOTAL</b>	<b>\$476.00</b>

### DUE Dates

July 14	Uniform fee	\$476
August 14	Team fee #1	\$185
September 14	Team fee #2	\$185
October 14	Team fee #3	\$185
November 14	Team fee #4	\$185
December 14	Team fee #5	\$185

\$1,401

March 8	volunteer payment	\$250.00
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### Optional Due Dates

June 14	Camp Optional	\$545
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# Men's Team Fees Breakdown 2024-2025

## Level 4



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### Hours and Tuition

10 hours	\$355.00
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### Uniform Fee

Admin Fee	\$50.00
Competition Leo	\$99.00
Team Shirt	\$25.00
Shorts	\$49.00
Stirrups	\$65.00
Warm Up Jacket	\$89.00
Warm Up Pants	\$59.00
Team Bag	\$40.00

<b>TOTAL</b>	<b>\$476.00</b>
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Returning Athlete	\$250
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### DUE Dates

June 14	Team fee #1	\$354
July 14	Uniform fee	\$476
August 14	Team fee #2	\$354
September 14	Team fee #3	\$354
October 14	Team fee #4	\$354
November 14	Team fee #5	\$354
December 14	Team fee #6	\$354

	\$2,600 (camp included)
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March 8	Volunteer payment	\$250.00
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# Men's Team Fees Breakdown 2024-2025

## Level 5



**MOMENTUM**  
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### Hours and Tuition

10 hours	\$355.00
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### Uniform Fee

Admin Fee	\$50.00
Competition Leo	\$99.00
Team Shirt	\$25.00
Shorts	\$49.00
Stirrups	\$65.00
Warm Up Jacket	\$89.00
Warm Up Pants	\$59.00
Team Bag	\$40.00

<b>TOTAL</b>	<b>\$476.00</b>
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Returning Athlete	\$250
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### DUE Dates

June 14	Team fee #1	\$395
July 14	Uniform fee	\$476
August 14	Team fee #2	\$395
September 14	Team fee #3	\$395
October 14	Team fee #4	\$395
November 14	Team fee #5	\$395
December 14	Team fee #6	\$395

	\$2,846 (camp included)
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March 8	Volunteer payment	\$250.00
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# Men's Team Fees Breakdown 2024-2025

## Level 7



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### Hours and Tuition

5 hours	\$262.00
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### Uniform Fee

Admin Fee	\$50.00
Competition Leo	\$99.00
Team Shirt	\$25.00
Shorts	\$49.00
Stirrups	\$65.00
Warm Up Jacket	\$89.00
Warm Up Pants	\$59.00
Team Bag	\$40.00

<b>TOTAL</b>	<b>\$476.00</b>
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Returning Athlete	\$250
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### DUE Dates

June 14	Team fee #1	\$395
July 14	Uniform fee	\$476
August 14	Team fee #2	\$395
September 14	Team fee #3	\$395
October 14	Team fee #4	\$395
November 14	Team fee #5	\$395
December 14	Team fee #6	\$395

\$2,846 (camp included)
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March 8	Volunteer payment	\$250.00
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# Men's Team Fees Breakdown 2024-2025

## Level 6-10



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Hours and Tuition			
	22 hours	\$550.00	
Uniform Fee			
	Admin Fee	\$50.00	
	Competition Leo	\$99.00	
	Team Shirt	\$25.00	
	Shorts	\$49.00	
	Stirrups	\$65.00	
	Warm Up Jacket	\$89.00	
	Warm Up Pants	\$59.00	
	Team Bag	\$40.00	
	<b>TOTAL</b>	<b>\$476.00</b>	
	Returning Athlete	\$250	
DUE Dates			
June 14	Team fee #1	\$429	
July 14	Uniform fee	\$476	
August 14	Team fee #2	\$429	
September 14	Team fee #3	\$429	
October 14	Team fee #4	\$429	
November 14	Team fee #5	\$429	
December 14	Team fee #6	\$429	
		\$3,050	(camp included)
March 8	Volunteer payment	\$250.00	



# Team Policies

## Competition Etiquette

Parents and other spectators attending the competitions are to remain off the field of play (or competition floor). Once the competition has started it is imperative that the athletes remain under the direction of the head coach and/or assistant coaches. Please avoid contact or conversation with your child/athlete for the duration of the competition. If there is an emergency you can reach out to your coach and they will respond appropriately.

Please arrive 15-30 minutes prior to the start of competition, depending on the competition and situation you may be “scratched” from the competition and will not participate if the athlete is tardy. If you have an emergency come up please contact your coach individually.

## Gym Etiquette

Please try to avoid engaging in conversation with other parents/spectators that may draw unnecessary negative attention toward the program and/or our coaches and athletes. Here at Momentum we teach our students to make a serious effort to support all other athletes in the competition and to always be respectful of others. I would expect no less from our parents.

If an issue arises concerning your child, or you have any questions, please contact your coach directly.

Important points to ensure a successful season-

-AVOID MISSING WORKOUTS as this will undoubtedly affect your performance.

It is a coaches responsibility to ensure the safety of our athletes during training and during competition. With this being the case, no coach shall permit an athlete to perform a skill or routine that the athlete has not mastered or can at least complete with a high degree of accuracy. As per the safety of the athlete a coach may choose to have them “scratch” any individual or multiple events during a competition.



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# Agreement Form

Athlete Name \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

I understand that by signing below, I agree to pay each of the team fee installment payments on time. My final payment will be paid via volunteer time or money due the date assigned. I understand that if my account becomes one month or more delinquent, my athlete as a result may not be registered to compete in the upcoming 2024-2025 competition season. All balances must be paid in full prior to State Championships.

X \_\_\_\_\_ Date \_\_\_\_\_

I understand that any and all team fee money paid to Momentum Gymnastics is NON-REFUNDABLE. This includes withdrawal from the program for any injury or sickness sustained or acquired during the training or competitive season.

X \_\_\_\_\_ Date \_\_\_\_\_

I have read the Team Policies provide in this packet. I understand and agree to all sections in order to participate as part of the Momentum Gymnastics team.

X \_\_\_\_\_ Date \_\_\_\_\_

Please return this signed form to Emily Schoenwald via email to [emily@momentumwx.co](mailto:emily@momentumwx.co) or in the office.



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